

## **Supplements Contamination: The Evolution of Risk**

The risk of inadvertent doping through supplements contamination has been a challenge for athletes, the anti-doping community, and the supplements industry for more than 20 years. The risk was first laid bare in a study conducted by Geyer et al in 2001-2002, which showed a high prevalence of contamination in products from across Europe. Despite improvements in quality controls and manufacturing standards, developments in banned substance testing, and the creation of programmes designed to minimise risk, contamination still occurs. If anything, there are more athletes in the present day committing inadvertent doping violations due to supplements use. This presentation will take a broad look at how the risk has evolved, the emergence of new threats, and ask whether key stakeholders are doing enough to protect athletes, and consumers.